

HUBBARD COMMUNICATIONS OFFICE
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----- HCA-HPA COURSE PROCESSES -----

The following are the only processes to be run in actual student auditing. (All Formal Auditing) They are to be run as they appear on the Training schedule. All other processes are to be coached.

1. RUDIMENTS in full.
2. ARC Straightwire: "Recall something that was really real to you." "Thank you." "Recall a time when you were in good communication with someone." "Thank you." "Recall a time when you really liked someone." "Thank you." The 3 commands are given in that order and repeated in that order consistently. (FOR TRAINING ONLY)
3. Static Preparation. "Recall a moment of loss."
4. Control Trio. Commands: "Notice that (object)." "Get the idea of having that (object)." Flatten this, then "Notice that (object)." "Get the idea it would be all right for it to remain as it is." Flatten, then "Notice that (object)." "Get the idea of making it disappear." (WITH EMPHASIS ON "REMAIN") (All with proper acknowledgments)
5. OP BY DUP, old style - book and bottle. "Go over to the book." "Look at it." "Pick it up." "What is its color?" "What is its temperature?" "What is its weight?" "Put it down in exactly the same place." Then same commands with a bottle (or ashtray, etc.) (All with proper acknowledgments.)
6. Training 5: "Seat that body in that chair", comm bridged occasionally to "Touch that chair" and back to "Seat that body in that chair."

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